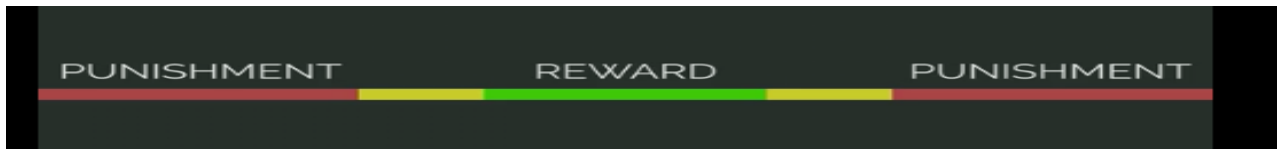


**Speaking Up!**  
**How to Assert Yourself..... Effectively**



*Adam Galinsky, Social Psychologist*

**Your roles and power range will be constantly evolving and expanding**

**Tools to expand your power range**

**1. Advocate for others**

**2. Perspective taking**

**3. Signal flexibility**

**4. Gain allies**

**5. Ask others for advice**

**6. Display expertise**

**7. Show passion**

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**Dina Neeley, Field Lighting Consultant, Musco Sports Lighting**