

WORKSHOP SCHEDULE

WEDNESDAY, APRIL 17

11:00 AM-12:30 PM & 4:30-6:00 PM - Arrival / Registration
1:00-5:00 PM - Tour of Selected Cary Facilities
6:30 PM - Durham Bulls Game

THURSDAY, APRIL 18

7:45-8:45 AM - Arrival / Registration
8:45-9:00 AM - Workshop Welcome & Announcements

9:00-10:30 AM

"Adding Value in a Polarized World"

Dr. Mary Lou Addor, Director
The Natural Resources Leadership Institute

Negotiation, a conflict management strategy, plays an important role in life. This session will examine the connections between self-interest and group well-being, competition versus cooperation, and expanding and dividing the pie.

10:30-10:45 AM - Break with Pepsi

10:45 AM-Noon

"Following Your Passion...or Letting it Follow You?"

Kathy Bull, Director of Marketing & Development
Children and Nature Network

This session will shed new light on passion and jobs so that you can understand how to identify your passion, develop your passion, and find happiness in your work. Humorous, interactive and moving, this presentation will have you considering your own vocation and discovering the work you love.

Noon-1:15 PM - Lunch on Your Own

1:15-1:30 PM - USTA Quick Start Presentation

1:30-2:15 PM

"How Are You Painted?"

Dina Neeley, Sales Representative; Musco Lighting

This is a fun, energetic session that allows you to discover your personal behavioral traits and how to apply them appropriately in the workplace. This session explores how individual attributes could be a factor in your career path based on a color system.

2:15-2:30 PM - Break with Pepsi

2:30-3:45 PM

"Leading Through Project Management"

Susan Hatchell, President; Susan Hatchell Landscape Architecture

Project management skills are applicable to every aspect of your life! This fast paced, interactive session will cover personal leadership skills, communication, and generational, cultural and gender differences each of us face every day. Let this session challenge you to be a stronger leader and manager.

3:45-5:00 PM

"Transcendent LeadHERship"

Nicole Greer, CEO; Vibrant Coaching

Our rapidly changing business environment is effecting the expectations placed upon leaders in the workplace. Learn about the Four Pillars of Transcendent Leadership, and how each is necessary to produce an environment promoting innovation and collaboration within teams to achieve and sustain high levels of performance in an increasingly competitive marketplace.

5:30-7:00 PM

Musco Lighting Tailgate Party at the Embassy Suites

All workshop attendees are invited to the Social!

Complimentary drinks begin at 5:30 PM in Embassy Suites Atrium. Supper will be served at 6:00 PM.

FRIDAY, APRIL 19

7:45-8:45 AM - Breakfast on Your Own

8:00-10:15 AM

Open Mic Panel Discussion

Meghan Chisholm, Sr. Account Executive
Dan Klores Communications / Baseball Tomorrow Fund

Erma Deen Hoyle, Director
Lincoln County Parks & Recreation

Jennifer MacDougall, Healthy Active Communities Senior Program Officer
Blue Cross Blue Shield Foundation

Sonya Shaw, Director
Garner Parks & Recreation

Barbara Tulipane, CEO
National Recreation & Park Association

Michelle Wells, Executive Director
North Carolina Recreation & Park Association

10:15-10:30 AM - Break with Pepsi

10:30 AM-Noon

"Forging a Path for Your Career"

Barbara Tulipane, CEO
National Recreation & Park Association



Our citizens depend on parks and recreation professionals to improve quality of life, promote community and encourage wellness. This session will provide you with the professional development tools to meet and exceed these expectations as a professional and within your community.

Noon-1:30 PM - Lunch with Sponsors

1:30-2:45 PM

"Goals + Direction = Success"

Catrina Alexander, Director
Mt. Airy Parks & Recreation

Vonda Martin, Consultant
Recreation Resources Service

Goal setting is used by elite athletes, successful executives and even your department. Setting goals provide long-term vision and achieving short term goals motivates us to continue. Do you have a vision for yourself? Have you defined the areas of life that challenge you? This interactive session will provide direction to "Raise Your Sails" and set achievable goals.

2:45-3:00 PM - Closing Remarks



WORKSHOP SPONSORS

This workshop would not be possible without the financial support of our sponsors. Please share your appreciation with each of them!

Host Community:

TOWN of CARY
PARKS, RECREATION & CULTURAL RESOURCES

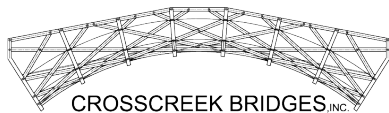


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